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Music and Wellbeing research

An opportunity to participate

Are you more than 60 years old, healthy, and own an Android phone or tablet? Do you want to contribute to science and win a £5 Amazon voucher or £5 cash if you live in Sheffield? You are cordially invited to take part in an ethically approved research study of the University of Sheffield, which is funded by the British Academy, about music that appears in the mind unintentionally and repeatedly. We are very much interested in your experiences either they are frequent or not so frequent - even if you don't have that kind of experiences, you can still participate.

You will be asked to download an application on your phone/tablet and complete a short questionnaire (each one takes about a minute to complete) in response to 8 push notifications per day for 4 days.

If you are interested in taking part contact us at musichemispheres@gmail.com to arrange the details. All your responses will be kept confidential and anonymous. Your contribution is invaluable and your help is much appreciated as your responses will help us understand how everyday thoughts unfold across the adult lifespan. You will be notified about the results of the study as soon as our findings become publicly available.

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